



Regional Heats Leading to National finals on Monday 12th May at Norcalympia Festival Hall Norbreck Castle Hotel.

Scotland: Thursday 23rd January 2025

New College Lanarkshire, Motherwell campus, 1 Enterprise Way, Motherwell, ML1 2TX

Wales: Monday 17th February 2025

Coleg Gwent Nash Campus Bishton, NP19 4TS

North West: Monday 24th February 2025

Norcalympia Festival Hall Norbreck Castle Hotel, Queens Promenade Blackpool FY2 9AA

South West: Tuesday 25th February 2025 Weston College, Weston-Super-Mare BS23 2AL

Jersey and Guernsey: (Wednesday 26th March 2025) TBC

Highlands College, Highlands Lane, St. Saviour, Jersey JE1 1HL

Midlands: Monday 31st March 2025

Sport's Hall, Sandwell College, Central Campus, 1 Spon Lane, West Bromwich, B70 6AW

North East: Tuesday 1st April 2025

Federation Brewery, Lancaster Road, Dunston, Gateshead NE11 9JR

Southern: TBC

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